



2 Samuel 5

The Jebusites occupied what is called a “stronghold” or a fortress. A stronghold is seemingly impenetrable. David realized that there was in fact a way into their stronghold. Ironically, even strongholds have weak points of entry. The New Testament refers to strongholds in our personal lives.

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. 2 Cor. 10:4

A stronghold in spiritual terms is simply a place or area of our lives where sin has a strong hold on our hearts. For many men, this is an area of recurring frustration and weakness. A stronghold is often consistent over time and we can come to a place of accepting it. Men can often live with and around their strongholds rather than find a way in to destroy them. Here are some thoughts concerning victory in areas of life where stronghold exist.

1. Strongholds are rarely overcome on our own—we need the aid of those around us. We develop strongholds on our own in private and they thrive in isolation, but we need others to be free of them.
2. The way into the stronghold for David was a water shaft. The way into your stronghold is openness and confession to God and to another. Light must be shed on dark places for life to appear.
3. Pride often keeps a stronghold strong. Humility weakens strongholds.
4. I suggest you consider bringing a stronghold to the attention of a spiritual authority in your life where a plan can be devised to move you toward freedom forever.
5. You are way too valuable to be confined and entangled by sin.
6. If you are without a stronghold, pray for the opportunity to pray and counsel another brother out of his. Ask your pastor or mentor if they know of someone who needs help.

